

School Counseling Corner

May 15, 2020

Dear Mullica Township Elementary Students and Families,

Happy Friday! I hope you are all doing well and are continuing to stay healthy and safe. Caregivers- keep up the great work. You are all doing a great job balancing your new schedules and routines.

Students- you are all working so hard and I am proud of you for getting through this new experience.

Just a reminder, everyone is doing the best they can during this time so please keep up the great work!

With the end of the school year quickly approaching, I want to share some resources to help you all stay motivated to finish the school year strong. I hope you enjoy these resources!

Have a great weekend!

Stay well,

Ms. Zolinas, Elementary School Counselor

Motivation

[6 Ways to Motivate Your Kids](#) – Here you can find tips to motivate your child(ren) with schoolwork and beyond.

[How Parents Can Help Their Kids While Managing Distance Learning](#)- Here you can find tips, strategies, and different approaches for helping your child(ren) with remote learning.

[5 Ways To Keep Kids Motivated at the End of the School Year](#)- Here are some tips/ strategies to help your child(ren) stay motivated as the school year is coming to an end.

[5 ways parents can motivate children at home during the pandemic – without nagging or tantrums](#)- Here you can find additional strategies on keeping children motivated and engaged.

[Kid President's Pep Talk to Teachers and Students!](#)- Here is a Youtube Video from Kid President geared to students and teachers (or caregivers who have taken on this new role of teacher at this time). This brief pep talk can help both students and families stay motivated to get through the rest of the school year.

[19 Highly Effective Ways to Stay Motivated](#)- Just as it is important to motivate children, it is equally important that adults are staying motivated as well. Here are some tips/ strategies to help adults stay motivated.

If you are interested in more individualized activities/ resources for your child, please [click here](#) and complete this form at your earliest convenience so that I can provide you with more individualized resources for your child!

For a list of mental health resources, [click here](#).

Just a reminder, if you have any questions or concerns, I can be reached at mzolin@mullicschools.com For additional activities and resources, please continue to check my [School Counselor Webpage](#).